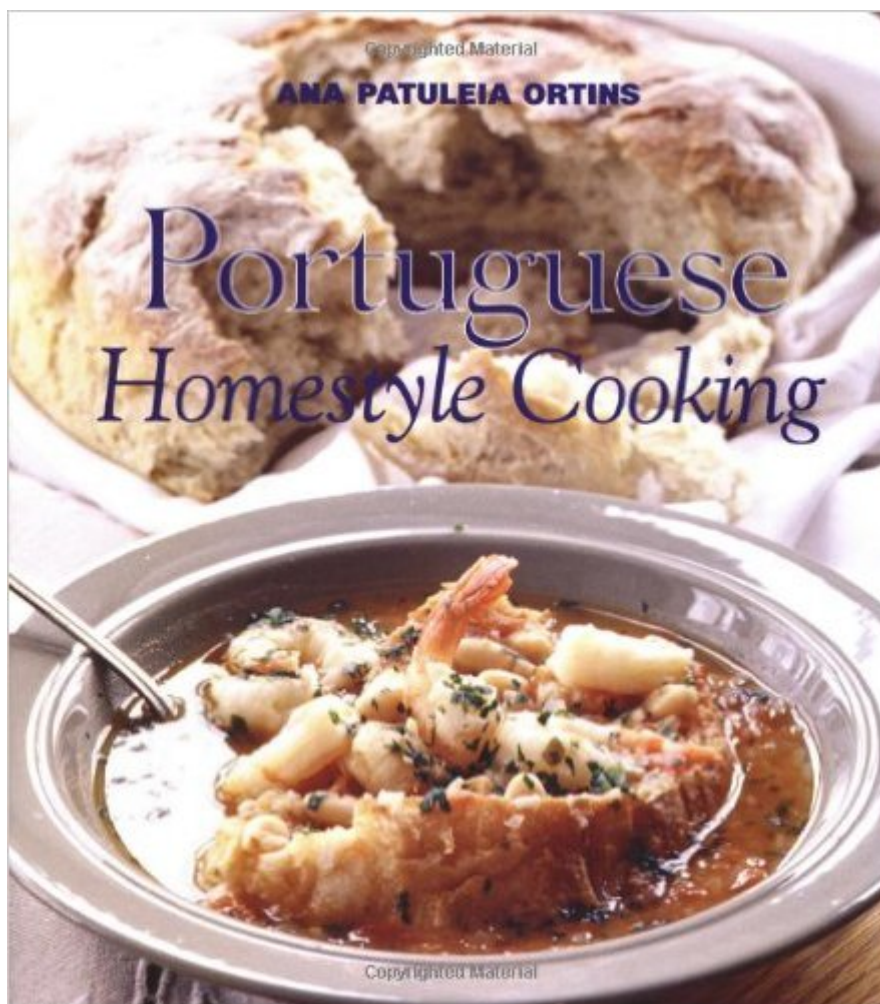


The book was found

Portuguese Homestyle Cooking



Synopsis

Everyone loves Mediterranean food. But how many of us are familiar with genuine Portuguese cooking, a melange of Mediterranean, mountain, and Atlantic coast influences? The abundant use of legumes and leafy greens in its hearty soups and stews. The unusual combinations of meat and shellfish. The wine and garlic marinated casseroles. The simple seafood preparations. Luscious egg-sweet desserts. Fresh herb bread. It's all part of the rich and tasty tapestry that Ana Ortins, a passionate Portuguese cook, dishes up in this opulent volume.

Book Information

Hardcover: 288 pages

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (67 customer reviews)

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Customer Reviews

Finally a cookbook that not only showcases Portugal without sharing the limelight with Spain, but one that also contains recipes from both the mainland AND the Azores. Ms. Ortins has written a wonderful, useful, and beautiful salute to Portuguese food that will encourage the novice cook and satisfy the advanced cook. Portuguese are not afraid of flavor, and the author has been true to the flavors that make Portuguese food so fabulous: lots of garlic, onions, peppers, vinegars, etc. My house smells wonderful every time I cook something from this book. I've made half a dozen dishes from the book already. All turned out very well. Most recipes are easy enough for a novice cook; however, the recipe that gave me the most satisfaction is one I rate as "advanced". (Not that there was anything difficult about it, it just helps if you have cooked enough not to panic at using yeast or when the recipe becomes a "project".) My spouse is of Portuguese descent and has fond memories of the foods from his childhood. (Watching him go through this book was like watching a kid in a candy shop!) Unfortunately, none of his relatives' recipes were written, and the great-aunt who made them is deceased. For years I tried to duplicate his aunt's Massa Souvada (Portuguese

Sweet Bread). I've made dozens of recipes for this bread. Some were awful, some were good. Not one was IT. So, with great interest I read Ms. Ortins' Sweet Bread recipe. It was very different from the others I had tried. My husband kept saying, "This is it!" I consider myself a capable cook, but I was daunted by the sheer volume and the time involved of this recipe. It makes 5-6 loaves!

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